

# INFECTION PREVENTION AND CONTROL



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Hospital acquired infections cause a great deal of concern for patients. The risk of infection always increases where there is a large group of ill people together, such as in hospitals. Be assured that there is an Infection Prevention and Control (IPC) Team in the Hospital which works closely with an IPC Committee to ensure that high standards and best practices are maintained to prevent and control health care associated infections.

**F FERNANDEZ**  
HOSPITAL



**stork home**

**F FERNANDEZ**  
OUTPATIENT CLINIC

Units of **FERNANDEZ FOUNDATION**

### **Instructions:**

- Keeping your hands and body clean are important when you are in the Hospital. Please wash your hands as you would normally do :
  - Whenever you see your hands are dirty.
  - Before eating.
  - After going to the toilet.
- When coughing or sneezing, turn your head away from others and use a tissue to cover your nose and mouth. Dispose of the tissue in a waste bin and remember to then clean your hands.
- Hospital staff protect you by washing their hands or by cleaning them with special alcohol hand gel. Staff are trained in hand washing techniques and will not be offended if you ask them whether their hands are clean.
- Do not interfere with or Handle any device attached to you as part of your treatment, such as drips, tubes, catheters, drains, wound dressings as the bacteria on your hands may cause infection.

### **Visitors should observe the following:**

- Children should not visit the hospital unless necessary. If it is a necessary visit, they must be supervised by an adult and must not interfere with Hospital equipment.
- Do not come into the Hospital if you have been suffering from diarrhoea and vomiting, coughs and colds. This puts all the patients at risk including the patient you are visiting.
- Do not enter a patient's room who is being treated in isolation without checking with the nursing staff.
- When visiting a number of patients, including a patient in isolation, the patient in isolation should be the last patient visited rather than the first due to possible spread of infection. Make sure that you use the alcohol gel between meeting patients.

### **Additional restrictions:**

Additional restrictions will apply from time to time, e.g. during outbreaks of infectious diseases. If you require further information regarding specific infections, do not hesitate to speak with the Nurse or Doctor looking after you. The nurse supervising Infection Prevention and Control is also available.