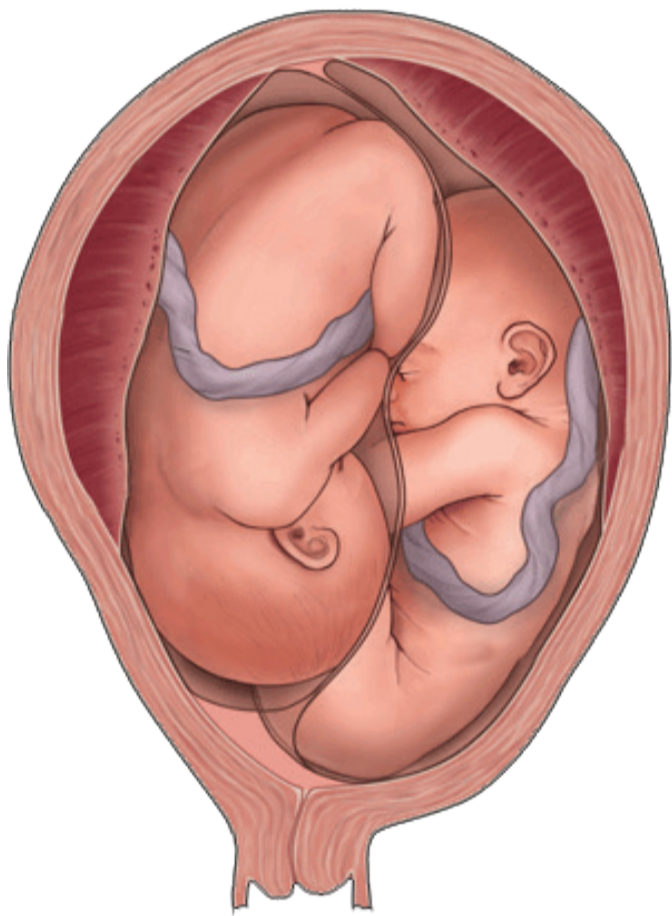


# DEAR COUPLES, EXPECTING TWINS ??

## – THERE'S TWO TO HUG & LOVE

*Finding out you are having more than one baby can be exciting, but it may also bring concerns for you and your husband. It is important that you are well prepared for the changes during pregnancy and after the babies' birth.*



***Join us for a  
presentation  
on***

- Nutrition
- Lactation
- Exercises
- Psychological support



***...with Twins, your hands may be full,  
but imagine your hearts***

**Date / Time / Venue**

**Sunday, 1<sup>st</sup> July, 2018**

10.00 am to 12.00 pm

**Stork Home**

Auditorium, 5<sup>th</sup> Floor, Road 12, Banjara Hills

**For Registration Contact :**

Ms. Roopa +91 8008902039 | [roopa.k@fernandezhospital.com](mailto:roopa.k@fernandezhospital.com)